

EASY PRINT – Third Sunday in Lent – March 8, 2026

Welcome – *Fr. Daniel*

Please rise in spirit or body & sing

Processional Hymn: #508 – “I HEARD THE VOICE OF JESUS SAY”

I heard the voice of Jesus say, "Come unto me and rest;
lay down, thou weary one, lay down thy head upon my breast."
I came to Jesus as I was, so weary, worn, and sad;
I found in him a resting place, and he has made me glad.

I heard the voice of Jesus say, "Behold, I freely give
the living water; thirsty one, stoop down and drink and live."
I came to Jesus and I drank of that life-giving stream;
my thirst was quenched, my soul revived, and now I live in him.

I heard the voice of Jesus say, "I am this dark world's light;
look unto me, thy morn shall rise, and all thy day be bright."
I looked to Jesus and I found in him my star, my sun;
and in that light of life I'll walk till travelling days are done.

✠ **The Gathering of the Community**

Leader: The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

People: **And also with you.**

✠ **The Penitential Rite**

Please kneel or be seated

Leader: Almighty God,

All: **to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.**

Leader: Blessed be God who forgives all our sins;

People: **whose mercy endures forever.**

Leader: Dear friends in Christ as we prepare to worship almighty God, let us with penitent and obedient hearts confess our sins, that we may obtain forgiveness by his infinite goodness and mercy.

Leader: God of all mercy,

All: **we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves and in the world you have created. We turn from the evil that enslaves us, the evil we have done. and the evil done on our behalf. Forgive, restore, and strengthen us, through our Saviour Jesus Christ, that we may abide in your love and serve only your will. Amen.**

The Kyrie

All sing



Lord, have mer-cy up on us. Christ, have mer-cy up on us. Lord, have mer-cy up on us.

Priest: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

People: **Amen.**

The Collect of the Day

Please kneel or be seated

Leader: Almighty God, whose Son Jesus Christ gives the water of eternal life, may we always thirst for you, the spring of life and source of goodness; through him who lives and reigns with you and the Holy Spirit, one God, now and for ever.

All: **Amen.**

Reader: A Reading from the Book of Exodus.

Please be seated

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarrelled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?"

But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarrelled and tested the Lord, saying, "Is the Lord among us or not?"

Reader: The word of the Lord.

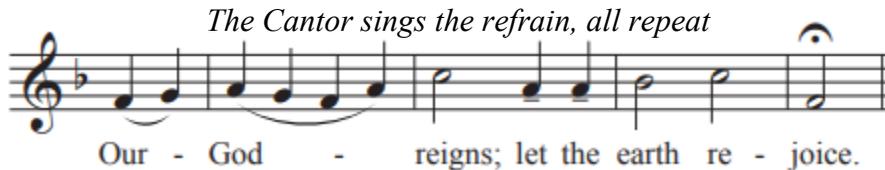
Exodus 17.1-7

People: **Thanks be to God.**

A moment of silence is observed

Psalm # 95

Please remain seated



Verse: Come, let us sing to our God; let us shout for joy to the rock of our salvation. Let us come before God's presence with thanksgiving and shout aloud with psalms of praise. *Refrain*

Verse: For our God is a great God, and reigns above all gods. God holds all caverns of the earth, and cradles the heights of the mountains. The sea belongs to the One who made it, whose hands also have shaped the dry land.. *Refrain*

Verse: Come, let us bow down, and bend the knee, and kneel before our Maker. For you are our God, and we are the people of your pasture and the sheep of your hand, Oh, that today we would hearken to your voice. *Refrain*

Verse: Harden not your hearts, as your forebears did in the wilderness, at Meribah, and on the day at Massah, when they tempted me. They put me to the test, though they had seen my works. *Refrain*

Verse: Forty years long I was grieved with that generation and said, "This people are wayward in their hearts; they do not know my ways." So I swore in my wrath, "They shall not enter into my rest." *Refrain.*

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you." Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?"

Leader: The Gospel of Christ.

John 4.5-29

People: 

Praise to you, Lord Je-sus Christ.

Sung after the Gospel repeating as necessary

Glory and praise to you, Lord Jesus Christ. *(repeat)*

Sermon

Please be seated

The Nicene Creed

Please rise in body or spirit

Leader: Let us confess our faith as we say,

All: **We believe in one God, the Father, the almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven, and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

The Prayers of the People

Please kneel or be seated

The Leader offers prayers for the church, the world, the sick and the suffering, and those who have died.

Leader: With confidence and trust let us pray to the Lord, saying,

All: **Lord, have mercy.**

Leader: For the one holy catholic and apostolic Church throughout the world. in the Mississauga Deanery, we pray for In our parish, we pray for ..., we pray to you, Lord.

All: **Lord, have mercy.**

Leader: For the mission of the Church, that in faithful witness it may preach the gospel to the ends of the earth, we pray to you, Lord.

All: **Lord, have mercy.**

Leader: For our children and youth members and for their, parents, care-givers and teachers, that they may all come to know you better and follow in your Way, we pray to you, Lord.

All: **Lord, have mercy.**

Leader: For peace in the world, that a spirit of respect and reconciliation may grow among nations and peoples, we pray to you, Lord.

All: **Lord, have mercy.**

Leader: For the poor, the persecuted, the sick, and all who suffer, ...; for refugees, prisoners, and all in danger; that they may be relieved and protected, we pray to you, Lord.

All: **Lord, have mercy.**

Leader: For all whom we have injured or offended, we pray to you, Lord.

All: **Lord, have mercy.**

Leader: Remembering ..., we pray for grace to amend our lives and to further the reign of God. We pray to you, Lord.

All: **Lord, have mercy.**

Leader: Almighty God,

All: **you have given us grace at this time with one accord to make our common supplications to you, and you have promised through your well-beloved Son that when two or three are gathered together you will hear their requests. Fulfil now our desires and petitions, as may be best for us, granting us in this world knowledge of your truth, and in the age to come eternal life; for you, Father, are good and loving, and we glorify you through your Son Jesus Christ our Lord, in the Holy Spirit, now and for ever. Amen.**

The Peace

Please rise in body or spirit

Priest: The peace of the Lord be always with you.

People: **And also with you.**

*The ministry of the church depends on the generosity of its members.
We give in the thanksgiving for all that God has given us.*

Offertory Hymn: #306 – “O FOR A THOUSAND TONGUES TO SING”

All sing

O for a thousand tongues to sing my dear Redeemer's praise,
the glories of my God and King, the triumphs of his grace.

Jesus! the name that charms our fears, that bids our sorrows cease;
'tis music in the sinner's ears, 'tis life, and health, and peace.
He speaks, and, listening to his voice, new life the dead receive,
the mournful broken hearts rejoice, the humble poor believe.

My gracious Master and my God, assist me to proclaim,
to spread through all the earth abroad the honours of thy name.

✠ The Celebration of the Eucharist

Priest: Spring of life and Source of goodness, receive all we offer you this day, and
bring us to the living water, Jesus Christ, your Son our Lord.

All: **Amen.**

The musical notation consists of three staves, each with a treble clef and a key signature of one sharp (F#). The first staff is labeled 'Presider:' and contains the lyrics 'The Lord be with you. And al - so with you.' The second staff is labeled 'People:' and contains the lyrics 'Lift up your hearts. We lift them to the Lord.' The third staff contains the lyrics 'Let us give thanks to the Lord our God. It is right to give our thanks and praise'. Each staff has a double bar line in the middle, indicating a change in speaker or a musical phrase boundary.

Priest: Eternal God, Source of all being, we give you thanks and praise for your faithful love. You call us into friendship with you and one another to be your holy people, a sign of your presence in the world. When those we trust betray us, unfailingly you remain with us. When we injure others, you confront us in your love and call us to the paths of righteousness. You stand with the weak, and those, broken and alone, whom you have always welcomed home, making the first last, and the last first. Therefore we raise our voices with angels and archangels, forever praising you and singing:

Sanctus

All sing



Ho-ly, ho-ly, ho-ly Lord, Lord God of pow'r and might, heav'n and earth are



full, full of your glo - ry. Ho - san-na, ho - san-na, ho - san - na, ho-



- san-na in the high - est. Bless-ed is he who comes, who comes in the name of the



Lord. Ho - san-na, ho - san-na, ho - san - na, ho - san-na, in the high - est.

Priest: Blessed are you, O Holy One: when Hagar was driven into the wilderness you followed her and gave her hope. When Joseph was sold into bondage, you turned malice to your people's good. When you called Israel out of slavery, you brought them through the wilderness into the promised land. When your people were taken into exile you wept with them by the river of Babylon and carried them home.

All: **Restore us, O God, let your face shine!**

Priest: At the right time you sent your Anointed One to stand with the poor, the outcast, and the oppressed. Jesus touched lepers, and the sick, and healed them. He accepted water from a woman of Samaria and offered her the water of new life. Christ knew the desolation of the cross and opened the way for all humanity into the redemption of your reconciling love. On the night he was betrayed, Jesus, at supper with his friends, took bread, gave you thanks, broke the bread, gave it to them, and said, "Take and eat: this is my body which is given for you. Do this for the remembrance of me."

Priest: After supper he took the cup of wine and when he had given thanks, he gave it to them, and said, "This is my blood of the new covenant which is shed for you and for many for the forgiveness of sins. Do this for the remembrance of me." Loving and Holy One, recalling Christ's death and resurrection, we offer you these gifts, longing for the bread of tomorrow and the wine of the age to come. Therefore we proclaim our hope:

All: **Dying you destroyed our death, rising you restored our life. Lord Jesus, come in glory.**

Priest: Pour out your Spirit on these gifts that through them you may sustain us in our hunger for your peace. We hold before you all whose lives are marked by suffering, our sisters and brothers. When we are broken and cast aside, embrace us in your love.

All: **Restore us, O God, let your face shine!**

Priest: Through Christ, with Christ, and in Christ in the unity of the Holy Spirit, all honour and glory are yours, O Source of all life, now and for ever.

All: **Amen.**

*During the season of Lent, the Lord's Prayer,
normally sung, will simply be spoken.*

The Lord's Prayer

Priest: As our Saviour taught us let us pray,

All: **Our Father in heaven, hallowed be your name,** *Said by all*

Your kingdom come, your will be done on earth as in heaven.

Give us today our daily bread.

Forgive us our sins, as we forgive those who sin against us.

Save us from the time of trial and deliver us from evil.

For the kingdom, the power, and the glory are yours, now and forever.

Amen.

Priest: We break this bread,
All: **Communion in Christ's body once broken.**

Priest: Let your Church be the wheat which bears its fruit in dying.
All: **If we have died with him, we shall live with him; if we hold firm, we shall reign with him.**

Prayer for Spiritual Communion

Priest: If you are joining us from home, please pray with me this prayer for Spiritual Communion.

The following is said by the Priest and those worshipping with us online.

Online: Holy One, in times of exile, you always remained close to your people, sustaining them in faith, by your Word and Spirit. Help me to feast on your Word, and uphold me by your Spirit, until I can again partake of your Body and Blood. I pray in Jesus' name.
All: **Amen.**

AGNUS DEI

All sing



O Lamb of God, you take a-way the sin of the world: have mer-cy up-on us.



O Lamb of God, you take a-way the sin of the world: have mer-cy up-on us.



O Lamb of God, you take a-way the sin of the world: grant us your peace.

The Communion

Those who have been baptized in any Christian church, including children, are welcome to receive communion. If you have not been baptized yet or do not wish to receive the bread, you are welcome to come to the altar rail for a blessing. Simply cross your hands over your chest to alert the priest you wish to receive a blessing.

Communion Hymn: #619 – “FAIREST LORD JESUS”

All sing

Fairest Lord Jesus, ruler of all nature, O thou the Godhead's human son:
thee will I cherish, thee will I honour, thou my soul's glory, joy, and crown.

Fair are the meadows, fairer still the woodlands, robed in the blooming garb of spring;
Jesus is fairer, Jesus is purer, who makes the troubled heart to sing.

Fair is the sunshine, fairer still the moonlight, and fair the twinkling, starry host;
Jesus shines brighter, Jesus shines purer than all the angels heaven can boast.

All fairest beauty, heavenly and earthly, wondrously, Jesus, is found in thee;
none can be nearer, fairer, or dearer than thou, my Saviour, art to me.

Communion Hymn: #352 – “AMAZING GRACE”

All sing

Amazing grace! How sweet the sound that saved a wretch like me!
I once was lost, but now am found: was blind, but now I see.

'Twas grace that taught my heart to fear, and grace my fears relieved;
how precious did that grace appear the hour I first believed!

The Lord has promised good to me, his word my hope secures;
he will my shield and portion be as long as life endures.

Through many dangers, toils, and snares I have already come;
'tis grace that brought me safe thus far, and grace will lead me home.

When we've been there ten thousand years, bright shining as the sun,
we've no less days to sing God's praise than when we'd first begun.

Prayer after Communion

Priest: God of our pilgrimage, we have found the living water. Refresh and sustain
us as we go forth on our journey, in the name of Jesus Christ the Lord.

All: **Amen.**

The Blessing

Priest: Christ, grant you the grace to grow in holiness, the strength to take up your
cross daily and the faith to follow him. And the blessing of God + Father,
Son and Holy Spirit be upon those you all, through Lent – and always.

All: **Amen.**

Announcements

Please rise in body or spirit & sing

Closing Hymn: (AAH # 494) – “IN THE GARDEN”

I come to the garden alone, While the dew is still on the roses
And the voice I hear, falling on my ear, The Son of God discloses,
And He walks with me, and He talks with me, And He tells me I am His own,
And the joy we share as we tarry there, None other has ever known.

He speaks, and the sound of His voice is so sweet the birds hush their singing;
And the melody that He gave to me within my heart is ringing.
And He walks with me, and He talks with me, And He tells me I am His own,
And the joy we share as we tarry there, None other has ever known.

I'd stay in the garden with Him though the night around me be falling;
but He bids me go- through the voice of woe, His voice to me is calling .
And He walks with me, and He talks with me, and He tells me I am His own,
and the joy we share as we tarry there, none other has ever known.

Dismissal

Priest: Go and share the Water of Life that you have been so generously given.

People: **Thanks be to God.**

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Thank you to all who participated in the service.

Please join us for our annual vestry meeting online.

Link for zoom Meeting on Sunday, March 8th, 2026 @ 11:30 a.m.:

Join Zoom Meeting

<https://us02web.zoom.us/j/88542691176?pwd=91IFLE05zt95H5KcaRyKWjqwhNDgni.1>

Meeting ID: 885 4269 1176

Passcode: 456178

Link to the vestry report that is located on the front page of the website.

Link for the website: www.stjohnsdixie.org