

EASY PRINT – Third Sunday in Lent – March 12, 2023

Welcome Greeting

Fr. Daniel

Please rise in Spirit or body & sing

Processional Hymn: #456 – “HE COMES TO US AS ONE UNKNOWN”

He comes to us as one unknown, a breath unseen, unheard;
as though within a heart of stone, or shriveled seed in darkness sown,
a pulse of being stirred.

He comes when souls in silence lie and thoughts of day depart;
half-seen upon the inward eye, a falling star across the sky
of night within the heart.

He comes in love as once he came by flesh and blood and birth;
to bear within our mortal frame a life, a death, a saving Name,
for every child of earth..

He comes in truth when faith is grown; believed, obeyed, adored:
the Christ in all the Scriptures shown, as yet unseen, but not unknown,
our Saviour and our Lord.

✠ The Gathering of the Community

Leader: The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

People: **And also with you.**

✠ The Penitential Rite

Please kneel or be seated

Leader: Almighty God,

All: **to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.**

Leader: Blessed be God who forgives all our sins;

People: **whose mercy endures forever.**

Leader: Dear friends in Christ as we prepare to worship almighty God, let us with penitent and obedient hearts confess our sins, that we may obtain forgiveness by his infinite goodness and mercy.

Leader: God of all mercy,

All: **we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves and in the world you have created. We turn from the evil that enslaves us, the evil we have done. and the evil done on our behalf. Forgive, restore, and strengthen us, through our Saviour Jesus Christ, that we may abide in your love and serve only your will. Amen.**

The Kyrie

All sing



Lord, have mer-cy up on us. Christ, have mer-cy up on us. Lord, have mer-cy up on us.

Priest: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

People: **Amen.**

The Collect of the Day

Please kneel or be seated

Leader: Almighty God, whose Son Jesus Christ gives the water of eternal life, may we always thirst for you, the spring of life and source of goodness; through him who lives and reigns with you and the Holy Spirit, one God, now and for ever.

All: **Amen.**

Reader: A Reading from the Book of Exodus.

Please be seated

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarrelled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?"

But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarrelled and tested the Lord, saying, "Is the Lord among us or not?"

Reader: The word of the Lord.

Exodus 17.1-7

People: **Thanks be to God.**

A moment of silence is observed

Psalm 95

Please remain seated



Cantor: Come, let us sing to the Lord; let us shout for joy to the rock of our salvation. Let us come before his presence with thanksgiving and raise a loud shout to him with psalms. *Refrain*

Cantor: For the Lord is a great God, and a great king above all gods. In his hand are the caverns of the earth, and the heights of the hills are his also. The sea is his, for he made it, and his hands have molded the dry land. *Refrain*

Cantor: Come, let us bow down, and bend the knee, and kneel before the Lord our Maker. For he is our God, and we are the people of his pasture and the sheep of his hand, Oh, that today you would hearken to his voice! *Refrain*

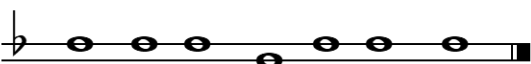
Cantor: Harden not your hearts, as your forebears did in the wilderness, at Meribah, and on the day of Massah, when they tempted me. They put me to the test, though they had seen my works. *Refrain*

Cantor: Forty years long I detested that generation and said, "This people are wayward in their hearts; they do not know my ways." So I swore in my wrath, "They shall not enter into my rest." *Refrain*

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you." Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?"

Leader: The Gospel of Christ.

John 4.5-29

People: 

Praise to you, Lord Je-sus Christ.

The last two verses will be sung; after the Gospel.

Our restless spirits long for you, however may our lot be cast,
glad when your gracious smile we view, blessed when our faith can hold you fast.

Jesus, forever with us stay: make all our moments calm and bright;
chase the dark night of sin away; spread through the world your holy light.

Sermon

Please be seated

Anthem: "FAMILY OF GOD"

Sung by Anthony Faure, Jeff McLeod, Erin Noel, Laurel Tubman.

*Refrain: I'm so glad I 'm a part of the family of God
I've been washed in the fountain, cleansed by His blood!
Joint heirs with Jesus as we travel this sod,
For I'm part of the family, the family of God.*

You will notice we say "brother and sister" 'round here
It's because we're a family and these folds are so near;
When one has a heartache we all share the tears,
And rejoice in each victory in this family so dear. *Refrain:*

From the door of an orphanage to the house of the King
No longer an outcast, a new son I sing;
From rags unto riches, from the weak to the strong,
I'm not worthy to be here, But praise God, I belong! *Refrain:*

The Nicene Creed

Please rise in body or spirit

Leader: Let us confess our faith as we say,

All: **We believe in one God, the Father, the almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.**

On the third day he rose again in accordance with the scriptures; he ascended into heaven, and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers & Lenten Prose

Please kneel or be seated

Leader: Let us kneel or remain seated as we pray for the church, the world and those in need.

Creator of All, give peace where there is no peace in Ukraine and for those suffering in Turkiye and Syria.

Lord Jesus, bless and direct your Church, ... and the worldwide church.

Holy Spirit, comfort and relieve those who suffer, or who are in need; ... and any others you wish to pray for, aloud or in silence...

We remember those who have died ... and pray for all who mourn.

We continue our prayers as we sing the Lenten Prose.



Hear us, O Lord, have mer-cy up-on us: for we have sin-ned a - gainst thee.

Cantor: To thee, Redeemer, on thy throne of glory, lift we our weeping eyes in holy pleadings; listen, O Jesu, to our supplications.

All sing the refrain

Cantor: O thou chief corner-stone, Right Hand of the Father, Way of salvation, Gate of life celestial; cleanse thou our sinful souls from all defilement.

All sing the refrain

Cantor: God, we implore thee, in thy glory seated, bow down and hearken to thy weeping children; pity and pardon all our grievous trespasses.

All sing the refrain

Cantor: Sins oft committed now we lay before thee; with true contrition, now no more we veil them; grant us, Redeemer, loving absolution.

All sing the refrain

Cantor: Innocent captive, taken unresisting, falsely accused, and for us sinners sentenced; save us, we pray thee, Jesu our Redeemer.

All sing the refrain



Hear us, O Lord, have mer-cy up-on us: for we have sin-ned a - gainst thee.

The Peace

Please rise in body or spirit

Priest: The peace of the Lord be always with you.

People: **And also with you.**

We give out of our blessings to bless others.

If you are new or visiting, please don't feel you need to give anything.

Offertory Hymn: #542 – “OUT OF THE DEPTHS

All sing

Out of the depths I cry to you on high; Lord, hear my call.

Bend down your ear and listen to my sigh, forgiving all.

If you should mark our sins, who then could stand?

But grace and mercy dwell at your right hand.

I wait for you, I trust your holy word; you hears my sighs.

My soul still waits and looks unto the Lord; my prayers arise.

I look for you to drive away my night,

yes, more than those who watch for morning light.

Hope in the Lord: unfailing is God's love; trust and confide.


Mercy and full redemption from above, does grace provide.

From sin and evil, mighty though they seem,

God's saving arm will all the saints redeem.

Offertory Sentence

All sing

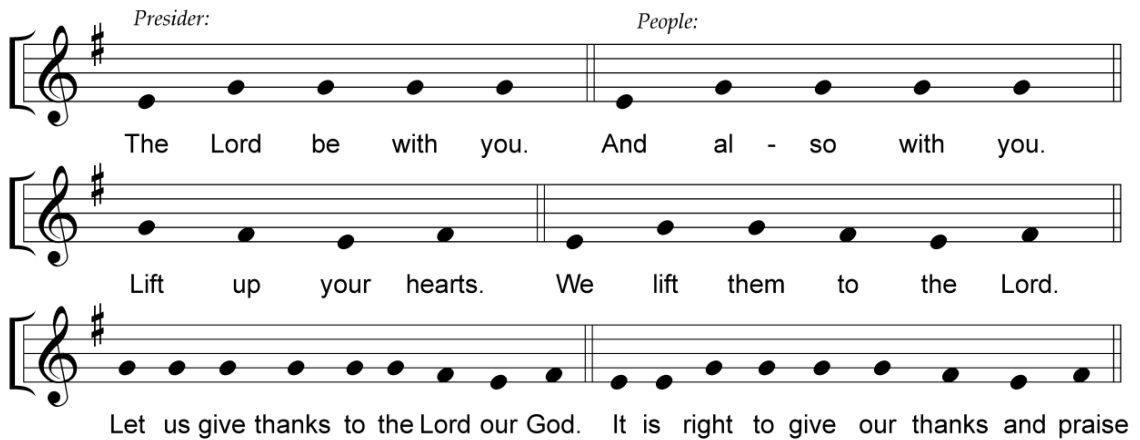


Giv - er of the per - fect gift, bless us in these Lent - en days,
use us and the gifts we bring, help us fol - low in your ways.

✠ The Celebration of the Eucharist

Priest: Spring of life and Source of goodness, receive all we offer you this day,
and bring us to the living water, Jesus Christ, your Son our Lord.

All: **Amen.**



Presider: The Lord be with you. *People:* And al - so with you.
Lift up your hearts. We lift them to the Lord.
Let us give thanks to the Lord our God. It is right to give our thanks and praise

Priest: Eternal God, Source of all being, we give you thanks and praise for your faithful love. You call us into friendship with you and one another to be your holy people, a sign of your presence in the world. When those we trust betray us, unfailingly you remain with us. When we injure others, you confront us in your love and call us to the paths of righteousness. You stand with the weak, and those, broken and alone, whom you have always welcomed home, making the first last, and the last first. Therefore we raise our voices with angels and archangels, forever praising you and singing:

Sanctus

All sing



Ho-ly, ho-ly, ho-ly Lord, Lord God of pow'r and might, heav'n and earth are



full, full of your glo - ry. Ho - san-na, ho - san-na, ho - san - na, ho-



- san-na in the high - est. Bless-ed is he who comes, who comes in the name of the



Lord. Ho - san-na, ho - san-na, ho - san - na, ho - san-na, in the high - est.

Please kneel or be seated

Priest: Blessed are you, O Holy One: when Hagar was driven into the wilderness you followed her and gave her hope. When Joseph was sold into bondage, you turned malice to your people's good. When you called Israel out of slavery, you brought them through the wilderness into the promised land. When your people were taken into exile you wept with them by the river of Babylon and carried them home.

All: **Restore us, O God, let your face shine!**

Priest: At the right time you sent your Anointed One to stand with the poor, the outcast, and the oppressed. Jesus touched lepers, and the sick, and healed them. He accepted water from a woman of Samaria and offered her the water of new life. Christ knew the desolation of the cross and opened the way for all humanity into the redemption of your reconciling love. On the night he was betrayed, Jesus, at supper with his friends, took bread, gave you thanks, broke the bread, gave it to them, and said, "Take and eat: this is my body which is given for you. Do this for the remembrance of me."

Priest: After supper he took the cup of wine and when he had given thanks, he gave it to them, and said, "This is my blood of the new covenant which is shed for you and for many for the forgiveness of sins. Do this for the remembrance of me." Loving and Holy One, recalling Christ's death and resurrection, we offer you these gifts, longing for the bread of tomorrow and the wine of the age to come. Therefore we proclaim our hope:

All: **Dying you destroyed our death, rising you restored our life. Lord Jesus, come in glory.**

Priest: Pour out your Spirit on these gifts that through them you may sustain us in our hunger for your peace. We hold before you all whose lives are marked by suffering, our sisters and brothers. When we are broken and cast aside, embrace us in your love.

All: **Restore us, O God, let your face shine!**

Priest: Through Christ, with Christ, and in Christ in the unity of the Holy Spirit, all honour and glory are yours, O Source of all life, now and for ever.

All: **Amen.**

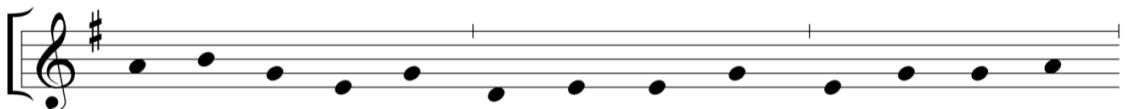
The Lord's Prayer

Presider:

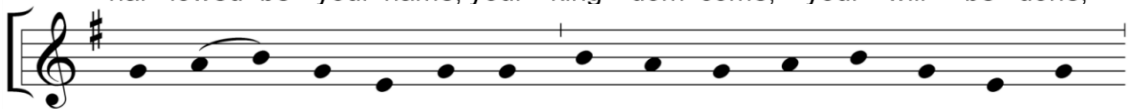
All sing unaccompanied
People:



As our Sav-iour taught us let us pray. Our Fath - er in hea-ven,



hal - lowed be your name, your king - dom come, your will be done,



on earth as in hea-ven, Give us to - day our dai - ly bread,



For-give us our sins, as we for - give those who sin a- gainst us.

Save us from the time of trial. And de - liv - er us from e - vil.
 For the king - dom, the pow - er and the glo - ry are yours,
 now and for ev - er. A - men.

*Music: M. Robinson
 Theodore Presser Co.*

Priest: We break this bread,

All: **Communion in Christ's body once broken.**

Priest: Let your Church be the wheat which bears its fruit in dying.

All: **If we have died with him, we shall live with him; if we hold firm, we shall reign with him.**

Priest: The gifts of God for the People of God.

People: **Thanks be to God**

AGNUS DEI

All sing

Je - sus, Lamb of God, have mer - cy on us.
 Je - sus, bear - er of our sin, have mer - cy on us.
 Je - sus, re - deem - er, re - deem - er of the world,
 give us your peace, give us your peace.

The Communion

Those who have been baptized in any Christian church, including children, are welcome to receive communion. If you have not been baptized yet or do not wish to receive the bread, you are welcome to come to the altar rail for a blessing. Simply cross your hands over your chest to alert the priest you wish to receive a blessing.

Communion Hymn: #58 – “O CHRIST WAS A GOOD GUEST”

All sing

O Christ was a good guest to have at the feast to pledge all glad lovers in mirth,
to charm water jars with God's cheerful yeast, leaving friends with a full wedding's
worth.

O Christ was a guest at Samaria's well, where outcast and chosen at strife
were offered God's drink – grace in a dry spell – sweet water still running deep as
life.

O Christ be our guest and true host at this rite, and bless what you bring to our
feast:
bread broken for us, shared wine of delight, and the flow of love's wellspring
released.

Communion Hymn: #435 – “TAKE MY LIFE, AND LET IT BE”

All sing

Take my life, and let it be consecrated, Lord, to thee;
take my moments and my days, let them flow in ceaseless praise.

Take my hands, and let them move at the impulse of thy love;
take my feet, and let them be swift and purposeful for thee.

Take my lips, and let them be filled with messages from thee;
take my intellect, and use every power as thou shalt choose.

Take my will, and make it thine; it shall be no longer mine;
take my heart, it is thine own; it shall be thy royal throne.

Take my love: my Lord, I pour at thy feet its treasure store;
take myself, and I will be ever, only, all for thee.

Prayer after Communion

Priest: God of our pilgrimage, we have found the living water. Refresh and sustain us as we go forth on our journey, in the name of Jesus Christ the Lord.

All: **Amen.**

The Blessing & Announcements

Please rise in body or spirit & sing

Closing Hymn: # 425 – “JOYFUL, JOYFUL WE ADORE THEE”

Joyful, joyful we adore thee, God of glory, Lord of love;
hearts unfold like flowers before thee, opening to the sun above.
Melt the clouds of sin and sadness, drive the dark of doubt away;
giver of immortal gladness, fill us with the light of day.

All thy works with joy surround thee, earth and heaven reflect thy rays;
stars and angels sing around thee, centre of unbroken praise.
Field and forest, vale and mountain, flowery meadow, flashing sea,
chanting bird and flowing fountain call us to rejoice in thee.

Thou art giving and forgiving, ever blessing, ever blest,
well-spring of the joy of living, ocean depth of happy rest!
Thou our Father and our Mother, all who live in love are thine;
teach us how to love each other, lift us to the joy divine.

Dismissal

Priest: Go and share the Water of Life that you have been so generously given.

People: **Thanks be to God.**

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